

Press release

Swim Gwynedd swimmers cause a splash in Swansea

Over the Easter bank holiday weekend, 26 swimmers representing Swim Gwynedd attended the Swim Wales long course championships in Swansea, the hardest event to qualify for in Wales.

All swimmers did Gwynedd proud both in individual events and relays. Most swimmers who competed improved on their personal best times in the gala and are now in the top 10 fastest swimmers in Wales. All in all they came away with 7 gold medals – all achieved by Medi Harris, 16 silver and 10 bronze.

The girls beat the likes of Swansea and Cardiff in the relay events and were the fastest from all the teams in North Wales.

In one final, the 50 fly for girls aged 15 and 16, Swim Gwynedd had 4 of the 8 finalists.

Five of the swimmers managed to get times that currently allow them to compete in the British Championships in July, where only the 24 fastest swimmers in the UK are invited to attend, with other swimmers very close to the required times.

Swim Gwynedd currently has one swimmer in the Welsh national squad, two in both the youth squad and national skills academy, with at least 2 more well on the way to achieving National Skills Academy status this coming September.

Bron Hill, head coach for Swim Gwynedd said “the swimmers deserve recognition for their achievements, the results each one achieved is due to the dedication and sacrifices they make, training up to 16 hours per week, getting up as early as 5 in the morning to swim for an hour and a half before school and for two hours after school”.

Swim Gwynedd would also like to thank the council for their continued support that has allowed the swimmers to achieve so much.